



**Art Therapy Groups for
Carers of People with a Disability**
with Art Psychotherapist & Mental Health Social Worker
Sonia Stace

Venues & Dates pending

“Therapeutic Doll Making”

&

“Sculptural Lifelines”



FREE

(Funded by the Carers NSW Together Program)

You may attend either or both of the groups

Art materials are included
Please feel free to also bring any materials that hold meaning
for you, such as memorabilia, embellishments, etc...

Maximum 10 carers per group

When making a sculptural lifeline or a therapeutic doll the emphasis is
on the process of creating a three-dimensional artwork and reflecting on
the meanings held within your sculpture or doll.

No artistic skills are necessary!

You will have the opportunity to choose whether to share the meanings
in your sculpture or doll with the group.

A light snack (e.g. fruit, crackers, dip, cookies) is included.

Book online at TryBooking





Oak Tree Therapy and Consulting Services

Registration Form

Art Psychotherapy Groups for Carers of People with a Disability
at **Information and Cultural Exchange (ICE)**, 8 Victoria Rd, Parramatta
(wheelchair accessible)

You may attend either or both of the workshops

Therapeutic Doll Making

Venue and date pending, 11am – 2pm

Sculptural Lifelines

Venue and date pending, 11am – 2pm

To secure a place in your chosen group/s please book online at TryBooking

or complete this registration form & send it to sonia@oaktreetherapy.com.au or
PO Box 533, Leichhardt NSW 2040 to receive confirmation prior to attending.

Funding from the Carers NSW Together Program has enabled these groups to be free.



Name.....

Gender.....Age.....

Address.....

Mobile..... Email.....

Emergency Contact Name..... Phone.....

Who do you care for?

How did you hear about this group?.....

Can I email you about other free groups?.....

Optional Consent

Do you provide consent for Sonia to photograph your artwork for educational purposes to help illustrate examples of therapeutic dolls and/or sculptural lifelines to other people?

Your identity would remain confidential (your name would not be disclosed).

Your consent is optional (you can still attend the group/s if you do not provide consent).

Signature (Optional).....Date.....

For more information contact Sonia Stace, sonia@oaktreetherapy.com.au, 0419 124 951